



**CHARTwell**  
**GRENADIER**  
retirement residence



making people's lives BETTER<sup>®</sup>

**A**s Canada's largest retirement living operator, our mission at Chartwell is to provide seniors with a happier, healthier and more fulfilling life experience. Together with our committed and caring staff, we offer our residents top-quality service and a rewarding lifestyle in retirement communities they are proud to call home.

## PART OF THE BLOOR WEST VILLAGE COMMUNITY SINCE 1985

Overlooking what many would consider Toronto's most beautiful urban park, Chartwell Grenadier is a seniors' treasure tucked into the desirable High Park neighbourhood. Our suites are sun-filled and elegant, designed for accessible living. Ideal for active, independent seniors, our engaging lifestyle, a wonderful choice of on-site activities and local amenities, and personal support make us the perfect place to spend your retirement years.

## UNIQUELY OUR OWN

Our residence is a friendly, welcoming place—an urban oasis in a vibrant neighbourhood. In fact, our unparalleled location means our residents are within walking distance of a range of trendy boutiques, restaurants and services. Many of our staff have been with us for years, and are committed to helping every resident enjoy life to the fullest. They deliver a fulfilling calendar of activities, and they're also there for residents who need in-suite personal support or dedicated assisted living services.



# THREE PILLARS OF CHARTWELL



## DINING

ENJOY DELICIOUS AND NUTRITIOUS MEALS

The only thing better than being served appetizing, healthy meals you don't have to prepare yourself is enjoying them alongside friends. With trained dining staff dedicated to catering to the unique needs and preferences of each individual, as well as tasty daily menus featuring fresh ingredients, our dining experience makes residents feel right at home.



## ACTIVITIES

LEAD A HEALTHY AND INSPIRED LIFESTYLE

We offer a variety of activities, classes and outings that engage the mind, body and spirit and cater to our residents' individual interests and abilities. Bringing together six dimensions of wellness, our Live Now programming promotes inspired, vibrant and fulfilling retirement lifestyles.



## WELLNESS SERVICES

RECEIVE THE PERSONAL SUPPORT YOU NEED

We believe receiving the right support services is vital for our residents to enjoy life to the fullest while maintaining their health and independence. Our trained and caring staff are dedicated to providing personal support based on each individual's unique needs, so residents can enjoy the peace of mind they deserve.



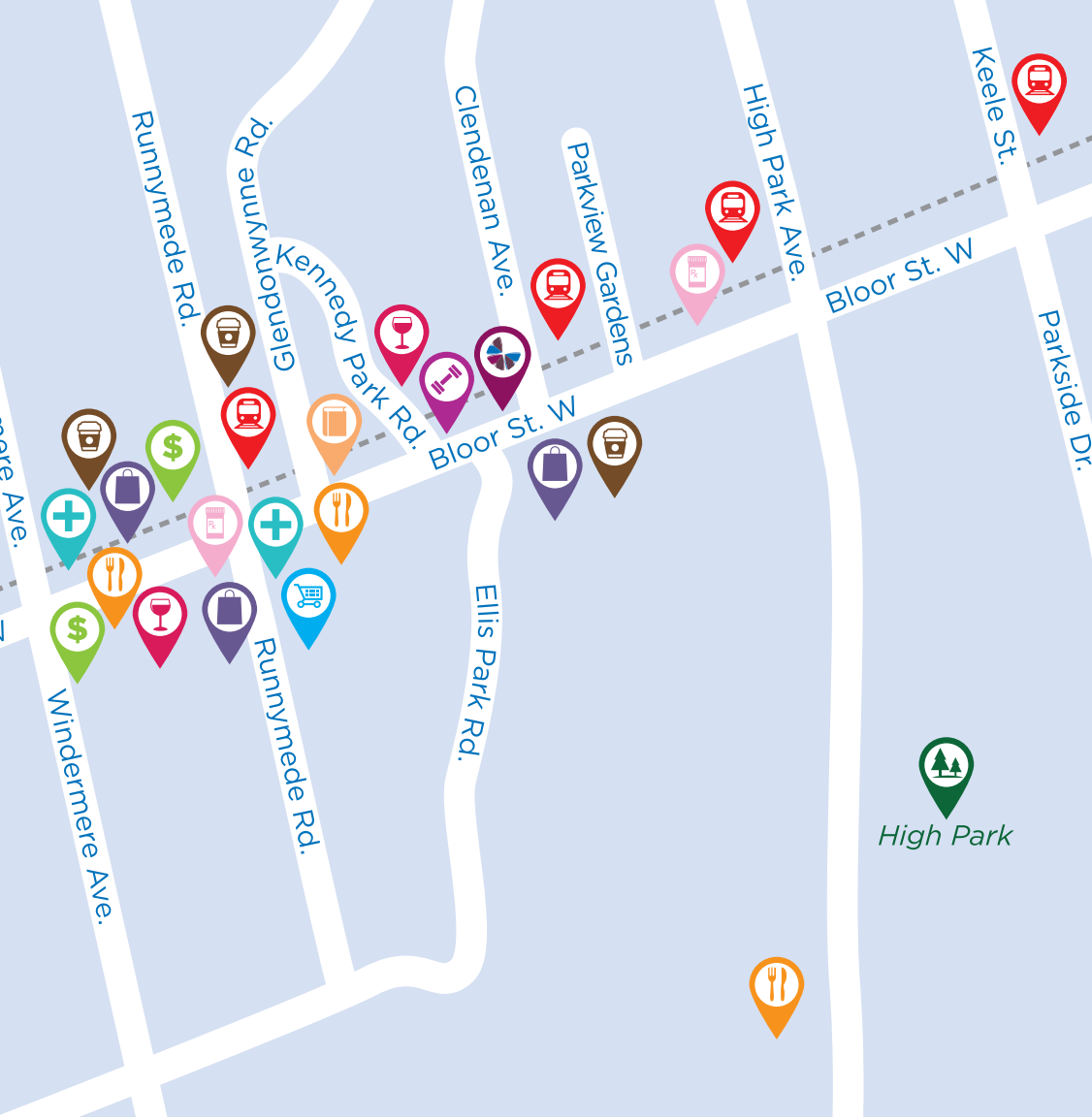
## WELCOME TO THE NEIGHBOURHOOD











Chartwell Grenadier is all about location. High Park, with its lush woods, lovely pond, peaceful walking trails and mini-zoo, is right across the street. Bloor West Village, home to over 400 boutique stores, services and some of Toronto's best restaurants, is steps away. Stately homes surrounded by stunning gardens abound. Buses and the subway are close by to whisk residents to the latest theatre shows in Toronto's entertainment district, or a game at the Rogers or Air Canada Centre. For out-of-town travel, the Gardiner, QEW and Highway 401 can be found minutes to the south or north, with Pearson International Airport just 25 minutes away.

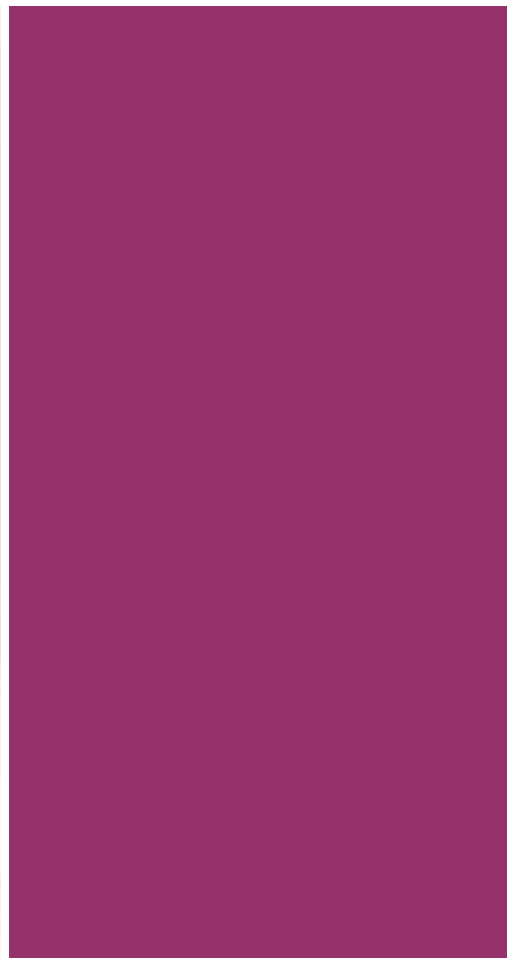
A few of our nearby amenities are:

- Many local and chain restaurants, including Sunset Grill, Queen's Pasta, Kennedy Public House, Bread & Roses Bakery Café
- LCBO
- Shopper's Drug Mart
- Numerous coffee shops, including Tim Horton's + Starbucks
- Major financial institutions
- Movie theatres
- Library
- Global Pet Foods
- Dentist and optometrist in the building
- St. Joseph's Hospital + medical clinics
- Places of worship





-  Chartwell Grenadier
-  Shopping
-  Grocery store
-  Restaurant
-  Liquor store
-  Coffee shop
-  Park
-  Transit
-  Library
-  Fitness centre
-  Cinema





**O**ur dining room is a gathering place for friends and family, where residents enjoy a tempting range of delicious and nutritious meals and à la carte options. You'll also find residents relaxing in our library, out on our putting green and horseshoe pitch, or enjoying a peaceful moment on our leafy terrace.

## DINING\*

Offering delicious and nutritious daily menus, our food service team exceeds expectations by crafting meals that cater to the tastes, preferences and dietary needs of residents, preparing everything from home-style favourites to themed meals to scrumptious desserts.



Dinner daily



À la carte menu



Central dining room



Dedicated dining room



Complimentary beverage + snack bistro



Special diets accommodated

\*Fee-for-service may apply









## ACTIVITIES\*

To further enhance residents' retirement living experience, many of our most popular programs, activities and social events take place on-site in our modern amenities, where they can pursue hobbies, socialize with friends, or simply sit back and relax.

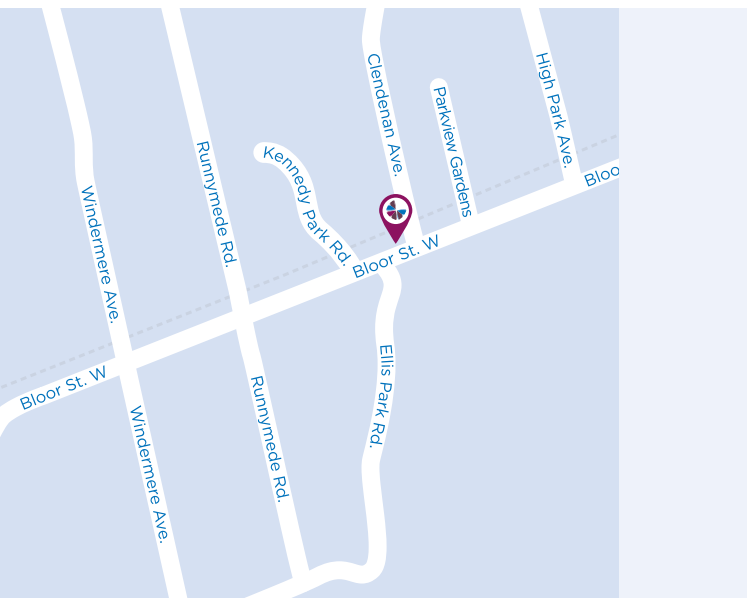
-  Billiards
-  Social and recreational programs
-  Garden/outdoor patio
-  Mini putt
-  Planned outings
-  Exercise/fitness facilities
-  Residents' computer room
-  Movie theater
-  Piano
-  Library

## WELLNESS SERVICES\*

In addition to convenient household services, our residents can take advantage of a host of personal support services geared toward helping them maintain their health and independence with the peace of mind they deserve.

-  24hr medical attention
-  Individual service plans
-  Assisted living
-  Security system
-  Wheelchair accessible
-  On site nurse practitioner

\*Fee-for-service may apply



## NOTES

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### CHARTWELL GRENADIER

2100 Bloor Street West, Toronto, ON • 647-429-7982





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## Independent Supportive Living

### TYPES OF SUITES

- Studio
- One-bedroom
- Two-bedroom

### INCLUDED IN ALL SUITES

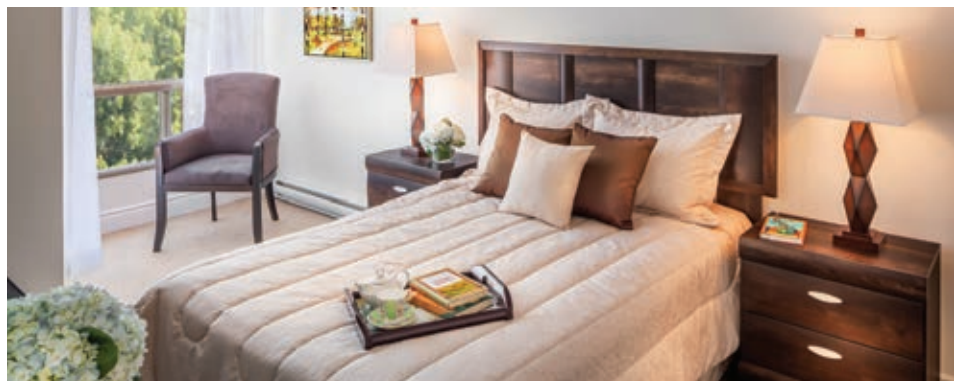
- Individual thermostat
- Dinner daily
- Kitchenette
- Telephone service
- Sprinkler
- Wi-Fi available
- Weekly housekeeping
- Weekly changing of personal bed linens

### ACTIVITIES & FEATURES\*

- TV lounge
- Specialized daily activity & wellness programs
- Garden/outdoor patio
- Place of worship
- Crafts
- Mini putt
- Planned outings
- Van for community outings
- Complimentary washers & dryers
- Bar/lounge
- Complimentary beverage and snacks

### WELLNESS SERVICES\*

- On-site Nurse Practitioner with access to Physician
- 24-hour medical attention & response system
- Personal emergency response system
- Security system



\*Fee-for-service may apply.

[CHARTwell.COM](http://CHARTwell.COM)



# A **UNIQUE** APPROACH THAT'S FOCUSED ON THE INDIVIDUAL

## À LA CARTE SERVICES\*

- Breakfast and/or lunch packages
- Assistance with light personal care
- Medication management & administration
- Additional (RPN) Registered Practitioner Nurse services
- Personal laundry
- Hospitality tray service
- Resident underground parking



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For more information visit [chartwell.com](http://chartwell.com) or call today **647-429-7982**

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