



**CHARTwell**  
GUILDWOOD  
retirement residence




making people's lives BETTER

## SCARBOROUGH'S BRAND-NEW RETIREMENT RESIDENCE

Offering 172 spacious and bright suites, Chartwell Guildwood features architecture and design inspired by the beauty of nature, including elements of fine craftsmanship that celebrate the artistic traditions of Guildwood Village. In addition to easy access to a number of nearby amenities in our neighbourhood, you can also benefit from a wide variety of modern and appealing amenities on-site.







**A**s Canada's largest retirement living operator, our mission at Chartwell is to provide seniors with a happier, healthier and more fulfilling life experience. Together with our committed and caring staff, we offer top-quality service and a rewarding lifestyle in retirement communities you will be proud to call home.

## UNIQUELY OUR OWN

Chartwell Guildwood is a tribute to the celebrated community it calls home. Like Guildwood Village's motto, "Let us mingle the beautiful with the useful," the premier lifestyle at Chartwell Guildwood blends modern architecture and nature-inspired design with the conveniences of a worry-free retirement, such as delicious cuisine, housekeeping, 24-hour security and personal support services.

Our organic-modern décor will make you feel at peace, thanks to an earthy palette and natural materials like warm woods, homespun rattan and even an indoor living wall providing additional texture and colour. Here, you'll benefit from a bespoke experience that provides you with the flexibility to craft the lifestyle you've always wanted in your retirement years.



# THREE PILLARS OF CHARTWELL



**DINING**  
ENJOY DELICIOUS  
AND NUTRITIOUS  
MEALS

The only thing better than being served appetizing, healthy meals you don't have to prepare yourself is enjoying them alongside friends. With trained dining staff dedicated to catering to your unique needs and preferences, as well as tasty daily menus featuring fresh ingredients, our dining experience will make you feel right at home.



**ACTIVITIES**  
LEAD A HEALTHY AND  
INSPIRED LIFESTYLE

We offer a variety of activities, classes and outings that engage the mind, body and spirit and cater to individual interests and abilities. Bringing together six dimensions of wellness, our LiveNow programming promotes inspired, vibrant and fulfilling retirement lifestyles.



**WELLNESS  
SERVICES**  
RECEIVE THE PERSONAL  
SUPPORT YOU NEED

We believe receiving the right support services is vital for you to enjoy life to the fullest while maintaining your health and independence. Our trained and caring staff are dedicated to providing personal support based on your unique needs so you can enjoy the peace of mind you deserve.



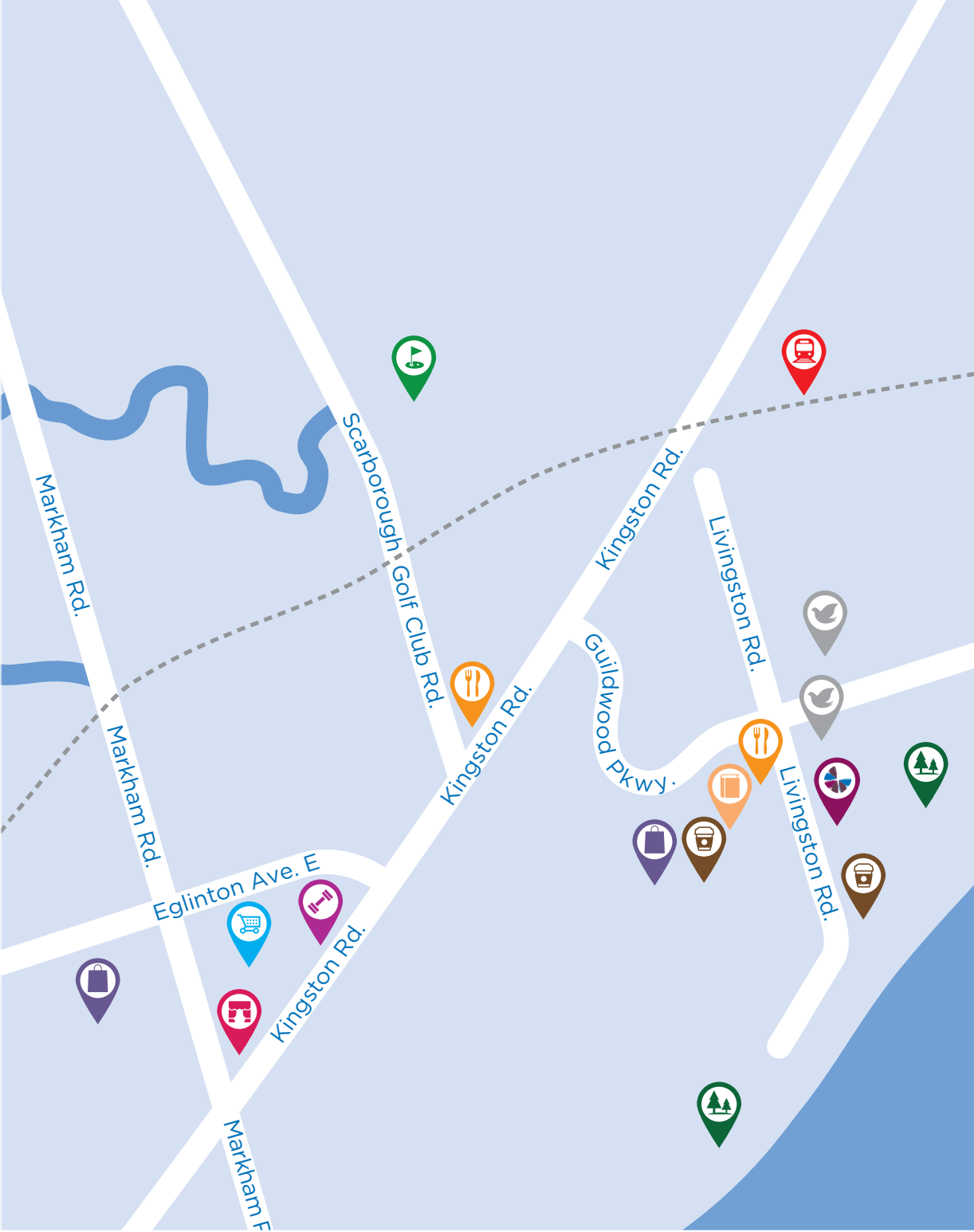
## WELCOME TO THE NEIGHBOURHOOD

Rustic woodland trails, upscale 1950s homes and the Scarborough Bluffs add to the charm of Guildwood Village, which is considered one of Toronto's most beautiful neighbourhoods.

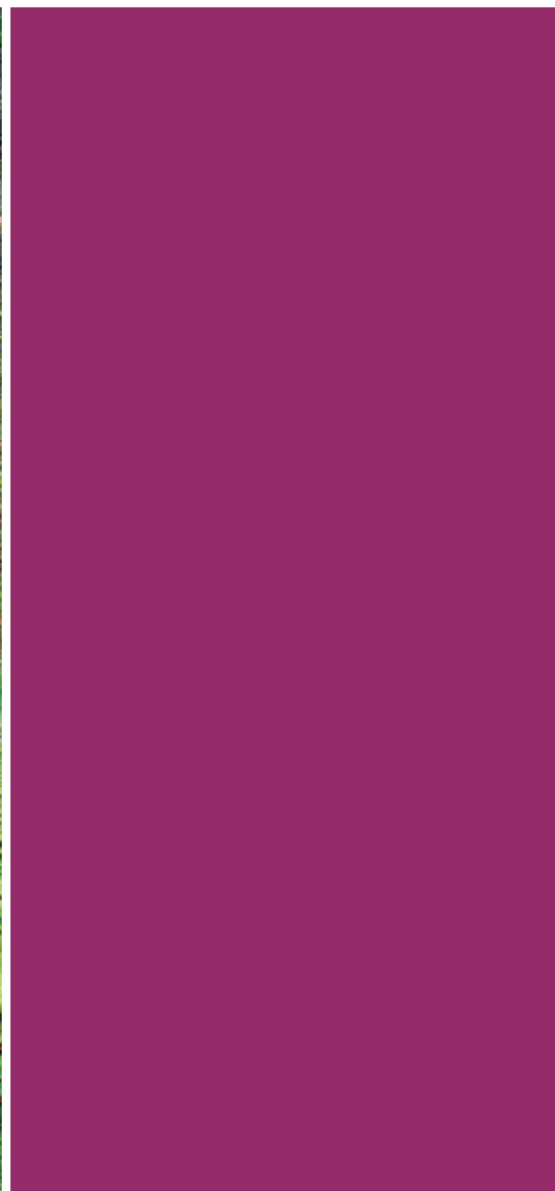
Located at the corner of Kingston Road and Guildwood Parkway, the drive through Guildwood Gates into the neighbourhood makes for a grand entrance, with winding roads and cul-de-sacs reducing traffic and enhancing privacy. Here, you'll find our local community is not only celebrated for its artistic traditions, but also for its natural splendour. In fact, Chartwell Guildwood backs onto lush Guildwood Park and Gardens, where you may find yourself enjoying a walk or taking in stunning views of Lake Ontario from Guildwood Beach.

Other services and amenities in close proximity to Chartwell Guildwood include:

- Guildwood Village Shopping Centre, including Canada Post, Guildwood Drug Mart, Valu-Mart, Livingston Medical Centre, Guildwood Library and banks
- Restaurants and cafés, including Pizza Nova, Ace's Place Bar & Grill, Kitchen Food Fair, Swiss Chalet, Tim Horton's and Subway
- Beer Store and LCBO
- Cedarbrae Mall (Wal-Mart)
- Scarborough Town Centre
- Scarborough Village Recreation Centre
- Scarborough Hospital and Markham Kingston Medical Centre
- Scarborough Golf and Country Club
- Places of worship
- Local transit



-  Chartwell Guildwood
-  Grocery
-  Restaurants
-  Coffee shop
-  Concert hall
-  Library
-  Shopping
-  Fitness centre
-  Place of worship
-  Transit
-  Golf course
-  Park





**C**hartwell Guildwood offers a variety of well-appointed amenities, as well as social, leisure and entertainment opportunities. When you aren't relaxing in your spacious suite, you may find yourself working with your hands at an art or gardening project in our multi-purpose room, seated comfortably in a banquette in our private dining room for a glass of wine with friends, or keeping active in our pool and fitness centre.





## DINING

Offering delicious and nutritious daily menus, our food service team exceeds expectations by crafting meals that cater to your tastes, preferences and dietary needs, preparing everything from home-style favourites to themed meals to scrumptious desserts. Our maître d' offers top-notch service and added attention to detail in our grand dining room, where you can sit back, relax and enjoy your overall dining experience. For a more casual atmosphere, you can choose to dine in our warm and inviting bistro or host intimate or large family gatherings in our high-end family kitchen.



Private dining room



Open seating dining room



Three served meals (breakfast, lunch and dinner)



State-of-the-art family kitchen



À la carte menu



Diversified menu



Bistro



Special diets accommodated



## FEATURES AND ACTIVITIES

To further enhance your retirement living experience, many of our most popular programs, activities and social events take place on-site in our modern amenities, where you can pursue hobbies, socialize with friends, or simply sit back and relax.

 Billiards

 Library

 Movie theatre

 Pool

 Multi-purpose room

 Yoga studio

 Music room

 Gym

 Exercise room

 Landscaped courtyards

 Place of worship

 Computer room

 Dog wash area

 Kid's area

 Day trips and outings











ACTIVE LIVING





## WELLNESS SERVICES

In addition to convenient household services, you can take advantage of a host of personal support services geared to helping you maintain your health and independence with the peace of mind you deserve.

-  24-hour medical attention
-  Assistance with daily routine
-  Recreational therapy
-  Companionship
-  Medication supervision/  
administration
-  Individual service plans
-  Monitored emergency  
response pendant
-  Wheelchair accessible



## MEMORY LIVING

Offering a continuum of care, Chartwell Guildwood's Memory Living neighbourhood provides individuals living with dementia a safe and supportive environment complete with its own indoor and outdoor spaces. Emphasizing independence and individuality, our Memory Living program helps to provide every person with a sense of purpose, and family members with a unique network of support.

-  24-hour supervision and staffing
-  Low resident-to-staff ratios
-  Unique secure environment and memory-cue signage
-  Activity lounge
-  Dedicated spa
-  Outdoor green space
-  Soothing colours
-  Dedicated Memory Living Manager
-  Person-centred care plans
-  Medication supervision



New retirement community  
reflecting the heritage of  
beautiful Guildwood Village





CHARTWELL

# GUILDWOOD

