



**CHARTwell**  
LE MONTCALM  
résidence pour retraités



making people's lives BETTER®



**L**ocated in Candiac, on Montreal's South Shore, Chartwell Le Montcalm is an ideal residence for seniors who want to pursue an active lifestyle. Our 283 bright, spacious suites—from studios to three-bedroom apartments—and 44 condominiums are part of Groupe Steckmar's new "Square Candiac" residential project. Chartwell Le Montcalm's modern architecture is inspired by nature, featuring décor and textured materials that conjure up images of the four seasons.

Chartwell Le Montcalm is part of the attractive community of Candiac. The environment is important to us, and we are lucky enough to benefit from an urban forest of 15,000 trees. Our building's interior and exterior design mirrors our environmental mindset, and our residence's refined décor puts us in a class of our own.









**A**s Canada's largest retirement living operator, our mission at Chartwell is to provide seniors with a happier, healthier and more fulfilling life experience. Together with our committed and caring staff, we offer top-quality service and a rewarding lifestyle in retirement communities you will be proud to call home.

## UNIQUELY OUR OWN

To help you stay active and engaged, common areas and services are available on site, including a movie theater, wellness center—offering a yoga studio, fitness room, billiards tables, library, art room, Internet stations, pool, virtual golf room and conference room. You can also enjoy a stroll in the fresh air, relax or do gardening in the courtyard gardens. Thanks to an abundance of large windows and features like a living wall, residents can really feel like they are surrounded by nature.



# THREE PILLARS OF CHARTWELL



**DINING**  
ENJOY DELICIOUS  
AND NUTRITIOUS  
MEALS

The only thing better than being served appetizing, healthy meals you don't have to prepare yourself is enjoying them alongside friends. With trained dining staff dedicated to catering to the unique needs and preferences of each individual, as well as tasty daily menus featuring fresh ingredients, our dining experience will make you feel right at home. At Chartwell Le Montcalm you are invited to enjoy your meals at our two restaurant-style dining rooms.



**ACTIVITIES**  
LEAD A HEALTHY AND  
INSPIRED LIFESTYLE

We offer a variety of activities, classes and outings that engage the mind, body and spirit and cater to your individual interests and abilities. Bringing together six dimensions of wellness, our LiveNow programming promotes inspired, vibrant and fulfilling retirement lifestyles.



**WELLNESS  
SERVICES**  
RECEIVE THE PERSONAL  
SUPPORT YOU NEED

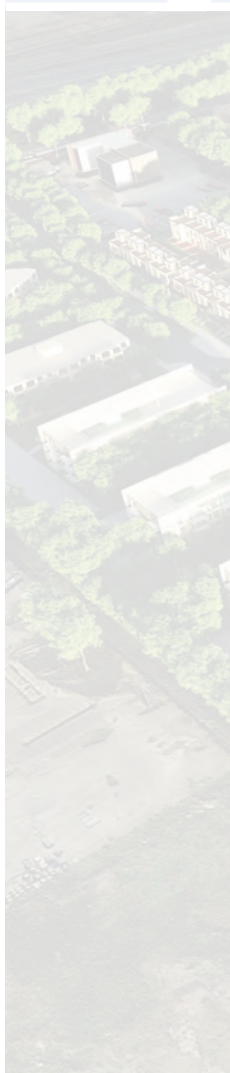
We believe receiving the right support services is vital for you to enjoy life to the fullest while maintaining your health and independence. Our trained and caring staff are dedicated to providing personal support based on each individual's unique needs, so you can enjoy the peace of mind you deserve.



## WELCOME TO CANDIAC'S NEW NEIGHBOURHOOD














Chartwell Le Montcalm's prime location is at the heart of Square Candiac, on Montcalm Boulevard North. A few minutes by foot from town hall is a wide array of shops. Public facilities such as a CLSC and the Roméo-Patenaude complex are also nearby. Our new residence is close to major transportation routes, including highways 15 and 30, and public transit is easily accessible. With its focus on active transportation and alignment with the best sustainable development practices, the project offers seniors and their families a unifying, intergenerational environment close to numerous social, community, recreational and commercial infrastructures.

Square Candiac is based on an innovative urban and sustainable development approach aimed at revitalizing the Montcalm industrial park, site of the former Consumers Glass factory. With a large central park, two broad pedestrian paths and focus on active transportation, our new neighbourhood generates synergy among all age groups thanks to its unique design and access to nearby amenities.







-  Chartwell Le Montcalm
-  CLSC
-  Shopping
-  Park
-  Restaurants
-  Bank
-  Grocery store
-  Pharmacy
-  Library
-  Community centre/  
sports park
-  SAQ
-  Golf course
-  Transit



Project in development:  
Square Candiac





**A**t Chartwell Le Montcalm, we're dedicated to helping our residents enjoy life to the fullest. With delicious homemade meals, an activity calendar chock-full of programs, socials and outings, and convenient services like housekeeping, laundry and personal support, you can relax while we take care of the rest.





## DINING

Offering delicious and nutritious daily menus and continuous service, our food service team crafts meals that cater to special dietary needs, to be enjoyed in the comfort of our restaurant style dining room. A bistro is also available for individuals who enjoy meals in a relaxed and warm atmosphere.



Restaurant style dining room



Private dining room



Café bistro



Diversified menu



Catering menu



Meal plan
















Themed meals





## ACTIVITIES

To further enhance your retirement living experience, we offer numerous programs, activities and social events—all opportunities for you to socialize with friends, pursue your favourite hobbies and make the most of every moment in keeping with your tastes and interests.

-  Billiards room
-  Multifunctional room
-  Day trips
-  Courtyard gardens
-  Movie theater
-  Pool
-  Art studio
-  Internet café
-  Virtual golf
-  Yoga studio
-  Kids' zone
-  Fitness room
-  Social and recreational programs





# active living













## WELLNESS SERVICES

In addition to convenient household services, you can take advantage of a host of personal support services geared to helping you maintain your health and independence with the peace of mind you deserve.

-  Pharmacy
-  Individual service plan (\$)
-  Emergency call system
-  Staff available 24/7
-  Recreational therapy
-  Short Stay














## LIFESTYLE

Our modern apartments offer you a healthy, rewarding, safe, and dynamic lifestyle.

### INCLUDED FOR ALL APARTMENT TYPES:

-  Air conditioning
-  Electricity
-  Heating
-  Cable TV
-  Monthly housekeeping service
-  Five appliances
-  Phone
-  Internet
-  Patio door

### OTHER SERVICES

-  Hair salon
-  Parking (\$)
-  Storage (\$)
-  Convenience store
-  24-hour security
-  Surveillance cameras





MODERN ARCHITECTURAL STYLE INSPIRED  
*by nature*

