



**CHARTwell**  
retirement residences



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To learn more about the program  
at your residence, please speak  
to your Health and Wellness  
Manager or contact us at:

**1-855-461-0685**

**CHARTwell.COM**



# WELLNESS SERVICES

Enriching lives through  
enhanced care and services



*Chartwell's Care and Wellness Program is offered to help residents manage their needs in the comfort and privacy of their Chartwell residence. Services are delivered by the Chartwell staff they know and trust, in the place they've chosen to call home. Please ask us for more information on fees or to evaluate your care needs.*

Sometimes the right  
*SUPPORT*  
can help prolong  
**INDEPENDENCE**






### **PLANS OF CARE**

Resident care plans are developed by registered nursing staff in collaboration with residents, their families and external care providers to ensure each individual is receiving care and services that reflect their unique needs. Residents can customize their care and wellness services, as well as add on additional services as needs change.

We are committed to helping residents enjoy their retirement years with the comfort, dignity and peace of mind they deserve. Our Care and Wellness Program not only provides new residents with customized care plans, but also offers the flexibility to adapt existing accommodation packages as needs change.



## SERVICES CAN INCLUDE:\*

-  Medication assistance/support
-  Prescribed treatment
-  Assistance with activities such as dressing, hygiene, bathing, etc.
-  Ambulation or escort to activities, meals, mobilization assistance
-  Companionship
-  Laundry service, housekeeping, seasonal cleaning services
-  Customized special care services



## ADDITIONAL SERVICES PROVIDED BY TRUSTED PARTNERS MAY INCLUDE:\*

- Physiotherapy
- Pharmacy
- Foot care
- Lab service
- Oxygen therapy

\*Availability of services may vary according to residence and region. Additional fees may apply.

For more information  
speak with your  
**HEALTH AND  
WELLNESS  
manager**